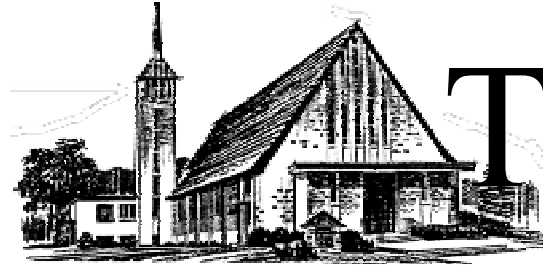


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The Friend

Serving God, His People, and our Community

October, 2011

A Parsonal View

Are you dreading the onset of heating season? Have your driving habits changed in order to stretch your mileage? Do you plan your meals based on coupons you clipped from the Sunday paper? What's the last "frill" you'll give up in order to pay the electric bill? How will you pay your doctor bills if your health insurance gets cut—or worse yet, your employment changes from part-time to "on-call"? Is your family already thinking about how to "cut back" this Christmas?

If you're like most people I know, these are not imaginary questions; but the answers to them may have your imagination in over-drive. You might even be losing sleep over them.

Have you ever wondered how the church pays for paper to print this newsletter? Why it's so cold/hot in church on Sunday? Who makes the coffee and cookies for Sunday mornings? Do church staff get paid holidays, overtime, or health insurance?

If you're like many people, these questions have almost never crossed your mind. Many people assume the church has a pot of money somewhere, maybe the synod or the "big" national church kicks in on the bills, that the church will always just be there for your baptisms, weddings, funerals. If this is you, let me clarify some things.

- The relationship between the temperature in the church and the weight of the offering plate on a Sunday morning is not imaginary.
- There is a direct correlation between

the number of children in Sunday School/Confirmation and the number of hours spent teaching, planning and playing with kids.

- Even the growth of weeds in the sidewalks is directly related to the increasing age and declining health of our members.

***You** are the reason all of these things exist—newsletter, Sunday services, coffee and cookies, paid staff. The church is here to serve you and your neighbors. And **You** have a direct impact on the responses to each of the above questions. You are the **only** source of income that pays for everything the church does in our community.*

What I'm saying is simply this:

- 1.** If you are sharing your time and your talents and your treasure with your faith community—Thank You. We need you. We couldn't do it without you.
- 2.** If you feel like you *should* do more, and if you *can* do more, then I ask you to consider whether you *will* do more. We cannot do it without you.

Soon the Stewardship Team will send out pledge cards, so that we can plan our budget with you in mind. Time & Talent surveys will also be sent out, so that we can plan our upcoming activities with your needs, abilities, your time and your wishes in mind.

In Christ, we serve together,

Pastor Chris



Sunday School/Youth

Apple Picking

The Youth will be heading out to pick apples on Sunday, October 15. We will leave after church and return around dark. Call Dave Thornton at 464-0405 after 6pm.

First Communion Classes

Students from grade 3 and up are invited to prepare for their First Communion. We'll make learning fun, with games and art projects, and will finish the course by baking our own Communion bread! There is no cost, but please let us know by Sept 25 if you plan to join us, so we can plan for enough materials.

Wed. October 5 @ 7pm Session 1:
Sacrament of Baptism

Wed. October 12 @ 7pm Session 2:
Word with Water

Wed. October 19 @ 7pm Session 3:
Sacrament of Communion

Wed October 26 @ 7pm Session 4:
Take and Eat

**Sun October 30 First Communion
Sunday Worship—students please meet
at 9:30am**

From AL

The youth have been really busy the last couple of weeks!!! Sunday school is officially underway. Starting at 9AM each Sunday and running until 10:10AM, all preschool through fifth graders are welcome to join Our Savior's as we become chefs, movie critics, gaming experts, and thespians in an all-encompassing understanding of the word of God. Currently, we are learning about "Baby Moses".

Confirmation, on Wednesdays, runs from 7PM to 8:30PM. Pastor Chris and I are tag-teaming this curriculum, mixing it with interactive team-building games, thought provoking questions, and Christ affirming prayers. In October we will be focusing on the Sacraments; all 3rd-5th graders who haven't had Communion instruction are welcome to join us in these classes in preparation for 1st Communion Sunday (October 30th).

I am also starting up a senior high Bible study, called "Team Veritas"; while this Bible study is mandatory for the girls heading on the Synod Journey with Roxanne and myself, it is open to *all* senior high and college students. We'll meet the last Sunday of every month from 8PM - 9PM. This 8 week course is called, *Christ Up Close & Personal*. It's directed toward opening students to the ultimate truth of the living Holy Spirit.

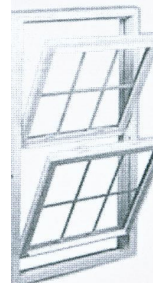
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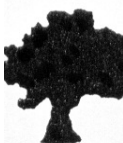
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Parish Planning Council

Jon Thornton, President	624-8090
John Jacobson, Vice President	624-7144
Shari Mlodozyniec, Vice President	624-9642
Jan Thornton, Treasurer	729-6137
Roxanne Bijold Secretary	624-4729
Stewardship: Linda Olcott	626-1381
Education: Roger Lofald	624-4607
Lay Ministry: Anita Fraundorf	624-1480
Worship & Music: Debbie Jacobson	624-7144
Evangelism/Soc.Ministry: Jen Conboy	624-2264
Youth: Dave Miller	464-0405
Parish Fellowship: Cathy Hannan	624-3419
Property: Mike Simonson	624-4888
Public Relations: Theresa Jacobson	624-7144
Vacation Bible School: Jen Conboy	624-2264

Other Leadership

Financial Secretary: Dodo Erickson	624-9315
Camp Delegate: Pam Merrier	624-5953
Bell Choir: Anita Fraundorf	628-1480

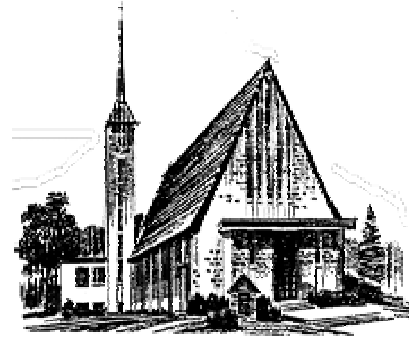
Staff

Pastor: Rev. Christine Anttila	879-1224
Music Director: Jennifer Simonson	624-3648
Web Page: Jennifer Simonson	624-3648
Parish Secretary: Cheryl Reynolds	624-3648
Editor of The Friend: Cheryl Reynolds	624-3648
Custodian: John Erdahl	624-3649
Youth/Sun. School Coordinator AL	269-9871

Unpaid Staff

Parish Nurses Kathy Janzig	341 - 7483
Jan Thornton	729 - 6137
Kris Benson	624 - 9113

Thinking of a Memorial . .



Think of the Foundation . . .

Our Savior's Evangelical
Lutheran Church
4831 Grand Avenue, Duluth,

Keep your calendars open for these up-coming youth events:

Sunday, October 2nd: Youth are invited to join Our Savior's at Engwall's Corn Maze Festival. Pumping painting, crafts, and the corn maze await. The cost is \$7 per person. We will leave right after the fellowship hour. I will have a sign-up sheet outside my office. This event is by RSVP only. Parents, I will *need chaperone's for this event. If you can help out, please call me 218.269.9871*

Saturday, October 22nd: ALL youth are invited to hang out at Our Savior's for a "13 Days of Halloween" Moviethon. The event will start at 4PM.

Sunday, October 30th: Sunday schooler's – Our Savior's is hosting a Costume Contest!

Monday, October 31st: 4PM-5PM: Trunk or Treat; Our Savior's. (come dressed up to the church parking lot for some fun 'trick or treating' out of the trunk of cars)



It's flamingo season at Our Savior's.

We have confirmed sightings of the tacky birds. Birds of a feather flock together, and that's exactly what our pink friends intend to do as they flock from one unsuspecting lawn to another in the upcoming weeks. Our highly confidential sources tell us that these birds only move at night—with a little help by Our Savior's "Youth Group, who try not to laugh to loudly as they plant these lovely friends in local lawns.

Warning: Your yard could be in their flight path!

Should our bright friends find your lawn too cozy to pass up, don't worry, there will be instructions on how for a small donation the wonderful folks at Our Savior's will come remove these pesky birds. It's a win-win situation. Your lawn gets de-birded and the youth program gets a donation for their 2012 mission trip to New Orleans. So...**Don't get mad! Get Even** by contacting the wonderful folks at Our Savior's and with a small donation, "pay it forward" by sending the flock to someone else's yard of your choosing!



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Tech Update

Greetings from your favorite multimedia coordinator. I thought you might be interested in what's new on the technology side of our church ministry. Our foray into Facebook has been a success. We have 29 "friends" which means when we post an event, a photo, or bit of news, it goes instantly to these 29 people and they can pass it on to their friends. We would love to have more people "like" our page so that our news can be more widely distributed. So, if you're on Facebook, go to our website and click the link on the home page. Then click "like" on our page and you'll be on the list to get everything we post. Our website is attracting more viewers than I ever imagined. During the first nine months of this year we had an average of 770 visits PER MONTH. The church calendar get the most "hits." People seem to like this convenient way to keep track of church events. We also get lots of hits on our home page, and on "The Latest News." Our website address is oursaviorsduluth.org Our tech committee is still working on upgrading our wireless internet service. Our goal is to get wireless internet into the sanctuary so that we can use our projector camera and have the ability to show on-line video clips during the sermon. Stay tuned for more on this endeavor.

Luther's Seal



October Birthdays



- 2 Brady Bastyr
Duey Bastyr
Dodo Erickson
Walker Ettestad
Ben LaFont
- 4 Brody Kaldahl
- 5 Pat Carlson
- 8 Laurie Bastian
- 9 Bryan Benson
Jennifer Simonson
Dianne Wentz
- 11 Lisa Smith
- 12 Cathy Hannan
Dennis Looney
Dave Mattson
Patrick Merrier
- 14 Jan Roman
- 15 Aurine Casey
Thurley Ling
- 16 Linda Olcott
Paul Thornton
- 19 Luke Hannan
- 23 Josh Merrier
- 28 Tasha Schnorr
- 30 Chelsea Bastyr
Alice Zimpel



Church Secretary Hours

Monday	Off
Tuesday	9-4:30
Wednesday	9-4:30
Thursday	9-4:30
Friday	9-12

Church Custodian Hours

Monday	9-2
Tuesday	Off
Wednesday	9-2
Thursday	9-2
Friday	9-2

Contact Us

Office: 624-3648 Fax: 624-0333

Email

pastor@oursaviorsduluth.org
secretary@oursaviorsduluth.org
jennifersimonson@oursaviorsduluth.org
youth@oursaviorsduluth.org
sundayschool@oursaviorsduluth.org
library@oursaviorsduluth.org

Web Page

www.oursaviorsduluth.org

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PARISH PLANNING
COUNCIL MEETING

August 2, 2011

DATE: Tuesday, August 2, 2011

PRESENT: Pastor Christine, Cathy Hannan, David Miller, John Jacobson, Roxanne Bijold, Jan Thornton, Roger Lofald, Theresa Jacobson, Sherm Carlson, Jen Conboy, Jonathon Thornton, Mike Simonson, Cathy Hannan, Shari Mlodozyniec, Deb Jacobson

ABSENT: Anita Fraundorf

The meeting was called to order by President Jon Thornton. Devotions by Pastor Chris.

Secretary's Report Minutes from the June 2, 2011 meeting were reviewed. Motion to approve minutes with corrections, by Mike S, seconded by Dave M. MP

Treasurer's Report As of August 2, 2011, overdue bills and benevolences total \$5317.06. Checkbook balance is \$41.92. A rental payment from Suzuki is due soon. Ideas were discussed for the financial situation going into the fall.

New Business Youth & Sunday School Coordinator Update Tabled until September meeting

Pastor's Report

Fall Programs and Calendar – Per Pastor Chris, confirmation program is being modified, plans are in place for a fall bible study, and she is again offering a marriage preparation course.

Campfire Communion – Has attracted about 12 participants a week. Discussed ideas for offering this service again next summer weekly vs. once a month.

Ongoing Business

Health Cabinet Update – A meeting was held on July 25. Participants include parish nurses, and other interested parties. A congregational survey is planned for the fall to determine what the needs are.

Time & Talent Inventories – Each team has a copy of these. Please make use of them.

Ministry Team Reports Evangelism/Social Ministry – Will assemble health kits again, considering offering Alpha class again, and will be serving ice cream cones at Spirit Valley Days, and promoting the church activities.

Education – Still working on shiny paper recycling initiative, Rally Day scheduled for September 11, adult bible study ideas in progress

Fellowship – Ham Dinner planned for October

Public Relations – Please coordinate any signage ideas/changes with Teresa

Worship – No updates

Property – City is completing repairs to the drainage on the east lawn of the church

Stewardship – Annual drive planned for October; specifics are still being worked out

DATE OF NEXT MEETING: Tuesday, September 6 @ 6:30 pm. **Roger will provide devotions, and Shari will bring treats.**

MINUTES SUBMITTED BY: Roxanne Bijold



Within the next few days, all members of OSLC will be receiving a letter from Pastor Chris and the Stewardship Ministry Team. The month of October has traditionally served as a focus on stewardship, with the gathering of gifts, both financial and ones of service, from each member of the Congregation with the approach of 2012. This year is no exception as we move forward with this year's theme: "Fear and Faith, the Future of the Church."

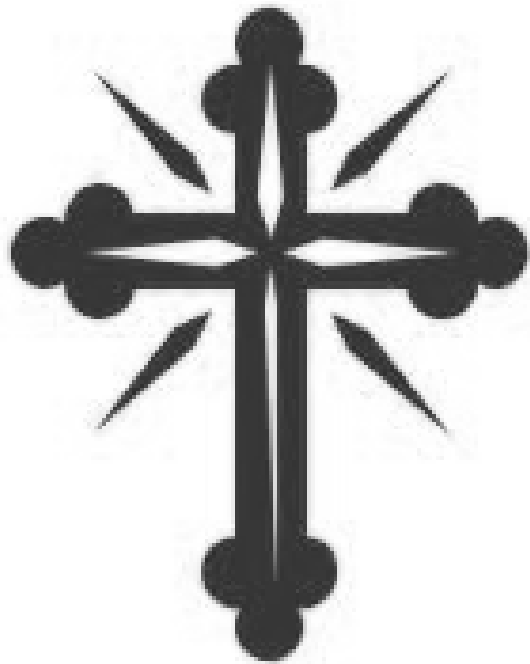
The Stewardship team will also use this month as an opportunity to review the current budget, as we are now 3/4 through our fiscal year. As most might recall, the budget adopted last December was one where revenue was projected to fall \$15,000 short of expenses. The "good news is...the bad news is..." at first glance, it appears to have been quite accurate.

That being said, our team is committed to celebrating our growing ministry and the leadership provided by our ever vibrant Pastor Chris. The challenge before us is to convey the message that whether one attends church occasionally, or on a regular basis, the future of our church rests equally on all members of the Congregation. No, that does not mean there is an expectancy that all contribute in the same monetary manner, but I dare say that membership carries a

responsibility to contribute as they are able. While the concern is real, faith is ever present that this challenge can be met. Look for the letter...give it your prayerful consideration...and mark your calendars for a celebratory, old fashion potluck dinner Sunday, October 30, marking the end of a successful campaign.

Sherm Carlson,
Stewardship Ministry Team co-chair





“What's Happening in Healthcare Reform?”

Sunday, Oct 16, 11:30am-12:00pm, Buddy Robinson, Co-coordinator of the Greater MN Healthcare Coalition, will speak about the latest developments in healthcare reform—what is and isn't happening—under President Obama's healthcare initiatives, as well as various proposals being offered. Robinson serves as Staff Director of the MN Citizens Federation Northeast, a non-profit, non-partisan charitable organization serving interests of low and moderate income Minnesotans. Anyone who is a consumer of healthcare is welcome and encouraged to attend!



There are so many people that do so much around the church, most often behind the scenes. This is a page to recognize those who help get things done! So if you have anyone you would like to thank, just drop a note in my (*secretary*) box outside the office.

Thank you to. . .

Jennifer Simonson who used her writing skills to pen a wonderful tribute to Arne in his Funeral bulletin.

Dave Thornton for spearheading the CROP Walk and for making cookies to distribute to those who walked.

Ken Miller for his continued work on the church lawn.

Everyone who has ‘flamingoed’ somebody. For those who haven't yet...there is still time.



**CHURCH NOTES
WORTH KNOWING**

- We receive money for each ink cartridge put into the box outside Fellowship Hall, by the Martin Luther Room. Collect them from your office, friends and relatives. **NO EPSON PLEASE!**
- **The sign up sheet for flowers** for the altar is on the bulletin board outside the church office. This is a great way to memorialize a loved one.
- The church office needs to know **if your address or phone number has changed.** Please put us on the list of people to tell that you have moved. This saves time, postage (\$) and missed communications.

55+ Program
Monday, October 10
9:30am in fellowship Hall



Rebekah Circle

Rebekah Circle will meet on Tuesday, October 11th at 7pm. Talk to Barb Mathson about meeting place.

Dorcas Circle

Meets the 2nd Thursday of each month at 9:30am.

Naomi Circle

Meets the second Thursday of each month at 12 noon in the Lounge.

BULLETIN BOARD

Retirement Party!

A retirement party will be held after church on Sunday, October 9 in Fellowship Hall for Alice DeLawyer. Everyone is welcome to attend.

Healthy Family Event

“Dealing with Loss During the Holidays”
Monday, December 5



Parish Nurse News

October is National Breast Cancer Awareness Month. Breast cancer is cancer that forms in the cells of

the breast. There are numerous types of breast cancer, but cancer that begins in the milk ducts (ductal carcinoma) is the most common type.

After skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. Breast cancer can occur in both men and women, but it's far more common in women. The chance of developing breast cancer at some time in a woman's life is a little less than 1 in 8 (or 12%). The American Cancer Society's most recent estimates for breast cancer in the United States for 2011 are:

- About 230,480 new cases of invasive breast cancer will be diagnosed in women.
- About 57,650 new cases of carcinoma in situ (CIS) will be diagnosed (CIS is non-invasive and is the earliest form of breast cancer)
- About 39,520 women will die from breast cancer.

After increasing for more than 2 decades, female breast cancer incidence rates decreased by about 2% per year from 1998 to 2007. This decrease was seen only in women aged 50 or older, and may be due in part to the decline in use of hormone therapy after menopause

that occurred after the results of Women's Health Initiative were published in 2002. This study linked the use of hormone therapy to an increased risk of breast cancer and heart disease.

Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer. The chance that breast cancer will be responsible for a woman's death is about 1 in 35 (or 3%). Death rates from breast cancer have been declining since 1990, with larger decreases in women younger than 50. These decreases are believed to be the result of earlier detection through screening and increased awareness, as well as improved treatment. And due to these advances in treatment there are over 2.5 million breast cancer survivors in the United States. For more information go to www.nbcam.org.

Wear pink on October 30 for Breast Cancer awareness day here at Our Savior's

*Jan Thornton is working with mothers of young children

*Kris Benson is keeping the bulletin board near the elevator on Fellowship hall level updated

*Kathy Janzig continues to coordinate 55 Plus Group, which meets the second Monday each month and is doing visitation.

*Jan, Kris and Kathy take turns with the free blood pressure checks that are offered the 4th Sunday each month during Fellowship time and the 3rd Thursday during Food Shelf time.

*The Health Committee giving direction on requesting funds for the parish Nurse Program at OSEL.

*We will be redecorating the Red Sunday School room to use as our Parish Nurse Office.

Thank You

Dear Pastor Anttila,

Thank you for the gracious reception you and your congregation extended to me Sunday. It was a joy to me to be part of your worship service.

On behalf of the Gideon Duluth Camp I want to express my sincere thanks to you and your congregation for your support of the Gideon work. The generous offering which was given in the amount of \$226 is tangible evidence of the love in your congregation of making the work of God available to other people.

This will enable 15 bibles and 116 testaments to be given to other people.

We pray that many people will come to Christ through these scriptures.

Pastor Anttila we appreciate your prayerful support for this ministry. Thank you again for the privilege of resending the Gideon work in your church Sunday.

Sincerely yours in Christ,
Peter Wisneski

